



### Intent

The Curzon Church of England Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life-long skills, knowledge and understanding for a healthy lifestyle. We want to teach children skills to keep them safe such as being able to swim and simple life saving skills. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at The Curzon Church of England Primary School, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

### Implementation

- PE at The Curzon Church of England Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Through our PE coach RS Coaching and teacher led lessons, pupils participate in high quality PE lessons each week, covering different sporting disciplines every half term. In addition, children are encouraged to participate in a range of extra-curricular activities. Lunch time sports clubs are available each day (run by Year 6 mini leaders) and children can attend before school sport clubs two days per week.
- Children are invited to attend competitive inter-school sporting events within the local area, through our affiliation with Amber Valley School Sports Partnership. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. Additional events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year, Year 6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities, including intra-school competitions and staff vs children sporting events.
- Children participate in a variety of sporting experience days throughout the year. For example: scooting, tough runner, wheelchair basketball and football freestyle, again providing the children with an opportunity to develop and improve their fitness and to try something new.
- Children in Year 5 and 6 swim once a week for 6 weeks during the Summer Term, where they also learn basic water safety and life-saving skills.
- Utilising local links with Quarndon Cricket Club, the children throughout the school experience cricket coaching from a level 3 cricket coach. This occurs within school for ks1, whereas ks2 have the opportunity to undertake sessions at the cricket club.

### Impact

At The Curzon Church of England Primary School, we help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports, where teams often qualify for county level competitions and beyond. We equip our children with the necessary skills and knowledge to foster a love for sport which they will hopefully continue after leaving the school, to grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.