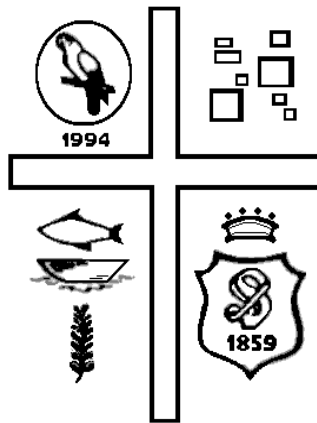


SAFEGUARDING



The problems I could face and how to solve them.



What is this booklet about?

The Curzon C of E Primary School has a safeguarding policy for staff, families and governors. This child friendly policy is designed for the children at our school and is a guide to our main policy.

What keeps me safe?

- My teacher
- Teaching assistants
- Mrs Fletcher
- The lunchtime adults
- Other adults I trust in school.



If you feel like something is not quite right, tell someone.

The problems I could face....

PHYSICAL



- Someone hurts me on my body
This could be hitting, holding, shaking, throwing, biting, smacking



EMOTIONAL



- Someone makes me feel bad about myself
- Someone says unkind things to me
- Someone makes me feel worthless



NEGLECT

This could mean a few things. For example:



- I'm not fed well
 - I'm not able to keep clean
 - I don't get the chance to sleep enough
- I'm left alone by myself and there's nobody else in the house



SEXUAL

- Someone touches me in a private place
- Someone makes me touch my own or another person's private place
- Someone makes me watch something to do with sex



ONLINE ABUSE



- Someone uses the internet to upset you or make you feel scared
- Someone pretends they are someone they are not to make friends with you on the internet
- Someone sends you or asks you to send nude or semi-nude pictures

How to face these problems. I can talk to...

- My teacher
- Teaching assistants
- Mrs Fletcher
- The lunchtime adults

What if I can't tell these people?

Phone Childline



Remember the PANTS rules...

- P** rivate parts are private
- A** lways remember your body belongs to you
- N** o means no
- T** alk about secrets that upset you
- S** peak up - someone can help



Be smart on internet

- S SAFE** Keep safe by being careful not to give out personal information when chatting or posting online. Personal information includes your email address, phone number and parents.
- M MEETING** Meeting someone you have only met in chat or online can be dangerous. Only do so with your parents' or carer's permission and never tell anyone they can be trusted. Remember online friends are still strangers even if you have been talking to them for a long time.
- A ACCEPTING** Accepting emails, text messages, or meeting face-to-face or video chat people who don't know or trust you may be dangerous. They may contain viruses or be badly designed.
- R RELIABLE** Research online might be great when you are, but information on the internet is not always true. Always check information with other websites, books or someone who knows.
- T TELL** Tell your parent, carer or a trusted adult if someone is sending you pictures or videos that are inappropriate or if you or someone you know is being bullied online. You can report online abuse to the police at www.met.police.uk.

www.kidSMART.org.uk

KIDSMART

Visit Childline's KidSMART website to create interactive games and test your online safety knowledge. You can also share your thoughts, worries and online safety tips on safety boards with people all around the world.