



ELSA – Referral Form

Name of child:	
Date:	
Name of class teacher:	

Reason for referral (details on areas of concern, background information)	
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Key areas to target:

	Skill	Ability				
		1 Very Poor	2	3	4	5 Very Good
Emotional Awareness	Ability to recognise how they feel					
	Ability to say how they feel and why					
Social Skills	Making eye contact					
	Taking Turns					
	Speaking in a pleasant tone					
	Asking for help					
	Sharing					
	Paying attention when spoken to					
Friendship Skills	Ability to initiate friendships					
	Ability to maintain friendships					
	Understanding what friends do and do not do					
Self-esteem	Ability to identify strengths					
	Ability to accept praise					
	Ability to accept constructive criticism					
	Perseverance					
	Ability to cope with change					
Anger management / Emotional Regulation	Ability to recognise when feeling angry					
	Knowledge and use of strategies to help calm down when angry					
	Ability to seek adult help when angry/frustrated					

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